



Suicide is a public health crisis

- Suicide rates **increased 33%** between 1999 and 2019.
- **1** American dies of suicide every **11** minutes.
- Suicide is the **13th**-leading cause of death in Pennsylvania.
- **45,979** Americans died of suicide in 2020; **1,694** were Pennsylvanians.
- Suicide is the **2nd**-leading cause of death for Americans ages **10 to 14** and **24 to 34**. In Pennsylvania, suicide was the **3rd**-leading cause of death for people ages **10 to 24**.

Our commitment

Community Care Behavioral Health Organization (Community Care) is dedicated to the safety and well-being of our members. We believe all suicide is preventable. That's why we work with behavioral health providers, stakeholders and community partners, members, families and friends, primary care practices, and educators to decrease suicide rates through evidence-based prevention programs.

Our holistic efforts

- Systemwide culture change, training, and commitment to no suicides
- Member education series
- Resource development and social media campaign
- Provider training and support for implementation of suicide prevention programs
- Community outreach and systems partnerships
- Promotion of depression screening in primary care

If you or someone you know is experiencing a mental health crisis, help is available. The National Suicide & Crisis Lifeline at **988** or **1-800-273-8255** is available 24/7 and is free and confidential. In a life-threatening situation, call **911** immediately.

Sources

- CDC.gov
- Community Care

Suicide prevention education and resources

- Community Care's member website offers suicide prevention resources under Health Topics at members.ccbh.com/health-topics.
- Community Care's provider website offers suicide prevention program implementation and suicide prevention resources under Clinical Innovation & Publication at providers.ccbh.com/clinical-and-innovative-resources/information-and-resources.
- The Centers for Disease Control and Prevention offers numerous suicide prevention resources at cdc.gov/suicide/index.html.

**Suicide is a local and national public health concern.
It is emotionally devastating for everyone it affects.**